

## Where?

### SAM East

Church of the Nativity  
1831 King St. E  
Hamilton, ON

### SAM Flamborough

Notre Dame Centre  
1921 Snake Rd.  
Waterdown, ON



### Transportation:

SAM Program **staff** will **assist** with arranging transportation.



## Questions ?

Please call:



The SAM Program

**905-525-5632**

or

Vivienne Epstein  
*Speech-Language  
Pathologist*

Saint Elizabeth Rehab

**905-972-0800 Ext 2282**

# SAM

SENIORS · ACTIVATION · MAINTENANCE · PROGRAM

## Aphasia Program



**Develop and Improve  
your Communication  
Skills!**

**Aphasia** is a **language disorder** which affects a person's ability to **communicate**.

**Aphasia** is caused by **stroke** or **brain injury**.

## Supported Conversation Groups for Aphasia

## Caregiver Support Sessions

## Couples/Partner Conversation Training

- **Improve your Conversation Skills and Confidence**
- Practice your **Communication Skills**
- Engage in **interesting adult topics**, despite the aphasia
- Gain a better **understanding of “living with aphasia”**

### What day?

Mondays, Tuesdays,  
Thursdays

MON	TUE	WED	THUR	FRI	SAT	SUN

## The SAM Program also includes:

- An exercise program



- Tea and coffee



- Lunch



## Aphasia Groups are run by:



- Speech-Language Pathologist
- Communicative Disorders Assistant (CDA)
- Social Worker
- Trained Staff
- Trained Volunteers

## Time?



## Aphasia Groups:

### Monday

SAM East **10:00-12:00 PM**

### Tuesday

SAM Flam **9:45-11:45 AM**

### Thursday

SAM East **10:00-12:00 PM**

## How to refer?

- Call SAM Program  
**905-525-5632**  
or
- Call the HNHB CCAC  
**1-800-810-0000**

Call SAM to see the program  
and set up an assessment visit  
for program eligibility.